

Virginia State Parks



Sensory Scavenger Hunt

- 🌲 Grab a Trail Map from the Contact Station or Park Office.
- 🌲 Choose a trail or link more than one together to create a custom hike.
- 🌲 Be sure to stay hydrated. Dress for the forecasted weather and wear comfortable shoes suitable for the hike you choose.
- 🌲 Tune into your senses.
- 🌲 Flip the card over and start your adventure.
- 🌲 Enjoy exploring Lake Anna State Park through your senses.
- 🌲 Thanks for choosing a Virginia State Park for your 1st Day Hike!



www.virginiastateparks.gov

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LOOK FOR:

- ☐ Birds soaring overhead
- ☐ Shapes in the clouds
- ☐ Animal tracks/signs of wildlife
- ☐ The majesty of leafless tress
- ☐ Seed pods

SMELL:

- ☐ An evergreen tree (cedar/pine)
- ☐ Mud/Soil
- ☐ A handful of leaves
- ☐ Moss

FEEL:

- ☐ Rough tree bark
- ☐ Something squishy
- ☐ Mud/Soil
- ☐ Water on your fingertips
- ☐ Crunch a handful of leaves
- ☐ The breeze or sun on your face

LISTEN FOR:

- ☐ Birds chirping and singing
- ☐ The wind rustling through branches
- ☐ Water lapping on the lakeshore
- ☐ Sounds of happiness from people nearby
- ☐ Animals scurrying along the forest floor
- ☐ Nature's Grand Silence

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